

DARE TO BE YOURSELF



DARE TO BARE

Party naked with
The Southeast Michigan Naturists !

That's right ! We provide many clothes-free activities including travel to nudist resorts and the rental of a public recreational facility for nude swimming, volleyball, and hot-tubbing. We are family *and* single friendly, non-profit, and volunteer run. Lend a hand and have fun with naturists like you – all year long!

Didn't know you were a naturist? Admittedly, naturists are difficult to categorize, but consider this:

Naturism is

- **Celebratory** of life;
- **Liberating**, freeing you from body shame imposed upon you by family and society;
- **Natural** and sensual, energizing you with the uninhibited feel of the breeze, grass, sand, sun, and water;
- **Egalitarian**, stripping away culturally contrived elements of status;
- **Spiritual**, increasing awareness of self as distinct from the body;
- **Creative** of positive relations between the sexes and between people of differing sexual orientations;
- **Non-exploitive** and **wholesome**, the opposite of fashion and commercialism which encourage and exploit lewdness.

False pride and its kin, shame, inhibit people about their bodies. Voluntary social nudity reduces that shame, increasing the acceptance of one's own body, whatever its glories and faults. Naturists share these values: a recognition of the humanity and intrinsic value of each other regardless of sex, age, race, or physical appearance and an acceptance (even celebration) of the diversity of the human body. And naturists have fun! Is this you now? Or something you'd want to explore? Either way – meet like-minded folks, be welcomed, and have fun!

Have fun with us; enjoy being yourself !

The Southeast Michigan Naturists, P.O. Box 8127, Ann Arbor, MI 48107

visit www.smnaturists.org

